



PREPARED TO RUN
November 11 & 12, 2023

Ephesians 6:15 (NLT)

For shoes, put on the peace that comes from the Good News so that you will be fully prepared.

The Gospel Brings 3 Types of Peace:

- **Peace with God starts at the moment of salvation.**

Romans 5:1 (NLT)

Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us.

- **Peace with myself comes when I trust Him in the trials of life.**

Philippians 4:6–7 (NLT)

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

- **Peace with others happens when I let Christ's love flow through me.**

Colossians 3:15 (NLT)

And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.

John 14:27 (NLT)

"I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid."

I PREPARE MY FEET AND FAITH TO RUN WHEN MY:



(Sole) **Soul** is filled with gratitude.

Psalm 100:1-5 (NLT)

Shout with joy to the Lord, all the earth! Worship the Lord with gladness. Come before him, singing with joy. Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture. Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. For the Lord is good. His unfailing love continues forever, and his faithfulness continues to each generation.

Colossians 3:15–17 (NLT)

And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful. Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.



(Eyelets) **Eyes** are fixed on Jesus to exceed all my expectations.

Hebrews 12:1–2 (NLT)

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

Ephesians 3:20–21 (MSG)

God can do anything, you know—far more than you could ever imagine or guess or request in your wildest dreams! He does it not by pushing us around but by working within us, his Spirit deeply and gently within us. Glory to God in the church! Glory to God in the Messiah, in Jesus! Glory down all the generations! Glory through all millennia! Oh, yes!



(Tongue) **Tongue** is speaking the good news of Jesus' saving power.

Romans 10:15 (NLT)

And how will anyone go and tell them without being sent? That is why the Scriptures say, "How beautiful are the feet of messengers who bring good news!"

Philippians 1:27 (NIV)

Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in the one Spirit, striving together as one for the faith of the gospel.

Mark 16:15 (NLT)

And then he told them, "Go into all the world and preach the Good News to everyone."

Ephesians 6:16 (NLT)

In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil.

I PREPARE MY FAITH WHEN I:



Put my faith into action.

James 2:22 (NLT)

You see, his faith and his actions worked together. His actions made his faith complete.

John 13:17 (NLT)

Now that you know these things, God will bless you for doing them.

Philippians 4:8–9 (TPT)

Keep your thoughts continually fixed on all that is authentic and real, honorable and admirable, beautiful and respectful, pure and holy, merciful and kind. And fasten your thoughts on every glorious work of God, praising him always. Put into practice the example of all that you have heard from me or seen in my life and the God of peace will be with you in all things.



Push forward, regardless of my fears and insecurities.

2 Timothy 1:6–7 (NLT)

This is why I remind you to fan into flames the spiritual gift God gave you when I laid my hands on you. For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Who is the flame?

The **Holy Spirit** who indwells every believer.

Romans 8:15–17 (NLT)

So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father." For his Spirit joins with our spirit to affirm that we are God's children. And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.

How do I fan the flame?

Give the Holy Spirit complete control of my life.

Romans 12:11–12 (MSG)

Don't burn out; keep yourselves fueled and aflame. Be alert servants of the Master, cheerfully expectant. Don't quit in hard times; pray all the harder.

3 Ways We Fan the Flame:

- Pray out loud
- Sing to the Lord
- Cry out to the Lord

Lamentations 3:55–57 (MSG)

“I called out your name, O God, called from the bottom of the pit. You listened when I called out, ‘Don’t shut your ears! Get me out of here! Save me!’ You came close when I called out. You said, ‘It’s going to be all right.’”



Prepare for battle daily by living for God’s purposes.

Remember who my enemy is and who my enemy is not. My enemy is Satan and his demons, not people.

Ephesians 6:12 (NLT)

For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

Proverbs 21:31 (MSG)

Do your best, prepare for the worst—then trust God to bring victory.

Romans 8:37–39 (TPT)

Yet even in the midst of all these things, we triumph over them all, for God has made us to be more than conquerors, and his demonstrated love is our glorious victory over everything! So now I live with the confidence that there is nothing in the universe with the power to separate us from God’s love. I’m convinced that his love will triumph over death, life’s troubles, fallen angels, or dark rulers in the heavens. There is nothing in our present or future circumstances that can weaken his love. There is no power above us or beneath us—no power that could ever be found in the universe that can distance us from God’s passionate love, which is lavished upon us through our Lord Jesus, the Anointed One!

Put on my good news shoes and protect my heart with God’s shield of faith.

Faith in God brings peace in life’s storms.

John 16:33 (TPT)

And everything I’ve taught you is so that the peace which is in me will be in you and will give you great confidence as you rest in me. For in this unbelieving world you will experience trouble and sorrows, but you must be courageous, for I have conquered the world!”



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